

JSF INSTUCTOR SCHEDULE
February 6-11, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 SPLIT HOLLY	6:00 XPRESS SOPHIA	6:00 WC CHRISTA	6:00 WC ANNIE	6:00 SPIN BECKY	
7:00 WC SOPHIA		7:00 SPLIT ANNIE			7:30 SPIN MATT
8:30 BS SUZANNE	8:30 WC NICKKI	8:30 XPRESS NANCY	8:30 SPLIT DALE	8:30 WC NICKKI	8:30 STEP BECKY
8:45 SPIN BUCKY	9:30 PILATES AUBRIE	9:30 SPLIT	9:30 WC CARA O	9:30 XPRESS JULIANNE	9:30 WC STEPHANIE
9:30 WC AIMEE		10:30 WC CARA O		10:30 ZUMBA! ALLIE	10:30 bodyCIRCUIT DARBY
10:30 SPLIT KARA G					11:30 BS SAM
12:30 WC CHRYSTAL	12:30 SPIN MATT	12:30WC SOPHIA	12:30 SPIN CHRYSTAL	12:30 WC MEG	
3:30 WC NANCY				3:30 WC AIMEE	
4:30 SPLIT NICKKI	4:30 BS THERESA	4:30 WC BECKY	4:30 bodyCIRCUIT RENEE	4:30 SPLIT RAVEN	
5:30 BC COACH SCOTT	5:30 WC JESS	5:30 BS RENEE	5:30 WC ERICA	5:30 ZUMBA! ALLIE	
6:30 WC RAVEN	5:45 SPIN BUCKY	6:30 WC THERESA	5:45 SPIN BEVERLY		

JSF INSTRUCTOR SCHEDULE
February 13-18, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 SPLIT CHRISTA	6:00 bodyCIRCUIT SOPHIA	6:00 WC ANNIE	6:00 WC HOLLY	6:00 SPIN SOPHIA	
7:00 WC ANNIE		7:00 SPLIT SOPHIA			7:30 SPIN MEG
8:30 BS SOPHIA	8:30 WC DALE	8:30 BC KARA G	8:30 SPLIT NICKKI	8:30 WC NANCY	8:30 STEP CHRYSTAL
8:45 SPIN AIMEE	9:30 PILATES AUBRIE	9:30 SPLIT NANCY	9:30 WC CHRISTA	9:30 XPRESS AIMEE	9:30 WC DALE
9:30 WC SUZANNE		10:30 WC ERICA		10:30 BS KARA G	10:30 FUSION COACH SCOTT
10:30 SPLIT NANCY					11:30 BS STEPHANIE
12:30 WC CHRYSTAL	12:30 SPIN MATT	12:30WC JULIANNE	12:30 SPIN MEG	12:30 WC CHRYSTAL	
3:30 WC JESS				3:30 WC SOPHIA	
4:30 SPLIT SAM	4:30 BS HOLLY	4:30 WC THERESA	4:30 XPRESS CARA O	4:30 SPLIT BECKY	
5:30 XPRESS RENEE	5:30 WC THERESA	5:30 BS MEG	5:30 WC BECKY	**5:30** ZUMBA! Quinton	
6:30 WC MEG	5:45 SPIN BUCKY	6:30 WC RAVEN	5:45 SPIN DAVID		

JSF INSTRUCTOR SCHEDULE
February 20-25, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 SPLIT BECKY	6:00 XPRESS SAM	6:00 WC SOPHIA	6:00 WC HOLLY	6:00 SPIN BECKY	
7:00 WC ANNIE		7:00 SPLIT ANNIE			7:30 SPIN AIMEE
8:30 BS SUZANNE	8:30 WC DALE	8:30 XPRESS NANCY	8:30 SPLIT SUZANNE	8:30 WC RENEE	8:30 STEP
8:45 SPIN JULIANNE	9:30 PILATES AUBRIE	9:30 SPLIT NICKKI	9:30 WC CHRISTA	9:30 XPRESS JULIANNE	9:30 WC KARA
9:30 WC SOPHIA		10:30 WC CARA O		10:30 ZUMBA! ALLIE	10:30 FUSION COACH SCOTT
10:30 SPLIT KARA G					11:30 BS CHRYSTAL
12:30 WC NANCY	12:30 SPIN MEG	12:30WC CHRYSTAL	12:30 SPIN MATT	12:30 WC ERICA	
3:30 WC AIMEE				3:30 WC JESS	
4:30 SPLIT NICKKI	4:30 BS THERESA	4:30 WC RAVEN	4:30 bodyCIRCUIT KARA G	4:30 SPLIT SAM	
5:30 BC RENEE	5:30 WC HOLLY	5:30 BS STEPHANIE	5:30 WC ANNIE	5:30 CB RAVEN	
6:30 WC THERESA	5:45 SPIN BUCKY	6:30 WC JESS	5:45 SPIN BEVERLY		